

January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Where to go: MPR – Multipurpose Room CR – Craft Room F – Fireplace L - Library N – Nurses Office E – Entrance JJ – Java Junction					1 Happy New Year 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Sequence - CR	2 10:00 Crafts – CR 1:00 Pinochle - CR
3 1:30 – Scrabble - CR 2:00 Fireside Reading Jake and The Kid 7:00 Canasta/Hand & Foot - MPR	4 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Whist – CR	5 8 – 12:00 Wellness Clinic 1:15 – 4:30 Footcare 1:30 – Scrabble - CR 7:30 Rocks and Rings	6 8:45 – 3:00 Co-op 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Chapel - L 2:00 Chapel - L 3:00 Chapel - L 7:00 Crib – MPR 7:30 Ukelele - MPR	7 8 – 4:30 Wellness Clinic 8:45 – 3:00 Market Mall 10:00-11:00 Connections Caregiver Support Group 1:00 Chapel - L 2:00 Chapel - L 3:00 Chapel - L 7:00 Kaiser - MPR	8 Fruity Friday 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Sequence - CR 1:30 Vinyl Cafe Stories F 7:30 Rocks and Rings	9 10:00 Crafts – CR 10:30–11:00 Tai Chi with Jean-MPR 1:00 Pinochle - CR
10 1:30 – Scrabble - CR 7:00 Canasta/Hand & Foot - MPR	11 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Whist – CR 1:30 Bingo	12 8 – 12:00 Wellness Clinic 1:15 – 4:30 Footcare 1:30 – Scrabble - CR 7:30 Rocks and Rings	13 8:45 – 3:00 Co-op 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00,2:00 & 3:00 Chapel-L 1:30-3:00 Flower Arranging-MPR 7:00 Crib - MPR 7:30 Ukelele - MPR	14 8 – 4:30 Wellness Clinic 8:45 – 3:00 Market Mall 10:30-11:30 Leanne’s Working Through Grief and Loss Group 1:00 Chapel - L 2:00 Chapel - L 3:00 Chapel – L 7:00 Kaiser - MPR	15 Fruity Friday 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Sequence - CR 1:30 January Craft TBA 7:30 Rocks and Rings	16 10:00 Crafts – CR 10:30–11:00 Tai Chi with Jean-MPR 1:00 Pinochle - CR

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17 1:30 – Scrabble - CR 2:00 Fireside Reading Jake and The Kid 7:00 Canasta/Hand & Foot - MPR	18 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Whist – CR 1:30 Cribbage Tournament	19 8 – 12:00 Wellness Clinic 10:00 and 11:15 Communion Service - MPR 1:15 – 4:30 Footcare 1:30 – Scrabble - CR 7:30 Rocks and Rings	20 8:45 – 3:00 Co-op 10:00 Exercises – MPR 10:45 Exercises – MPR 1:30 Birthday Party 7:00 Crib – MPR 7:30 Ukelele - MPR	21 8 – 4:30 Wellness Clinic 8:45 – 3:00 Market Mall 2:00 Pandemic Fatigue Sharing Circle - MPR 7:00 Kaiser - MPR	22 Fruity Friday 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Sequence - CR 1:30 Vinyl Café Stories F 7:30 Rocks and Rings	23 10:00 Crafts – C 10:30–11:00 Tai Chi with Jean-MPR 1:00 Pinochle - CR
24 1:30 – Scrabble - CR 7:00 Canasta/Hand & Foot - MPR	25 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Whist – CR 2:00 Resident’s Assoc. Quarterly Meeting	26 8 – 12:00 Wellness Clinic 10:30 Bible Study - Renita “The Greatest Story” MPR 1:15 – 4:30 Footcare 1:30 – Scrabble - CR 7:30 Rocks and Rings	27 8:45 – 3:00 Co-op 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Chapel - L 2:00 Chapel - L 3:00 Chapel - L 7:00 Crib – MPR 7:30 Ukelele - MPR	28 8 – 4:30 Wellness Clinic 8:45 – 3:00 Market Mall 10:30-11:30 Power of Music Pt 2 - MPR 1:00 Chapel - L 2:00 Chapel - L 3:00 Chapel - L	29 Fruity Friday 10:00 Exercises – MPR 10:45 Exercises – MPR 1:00 Bridge – L 2:00 Sequence - CR 1:30 Wii Games 7:30 Rocks and Rings	30 10:00 Crafts – C 10:30–11:00 Tai Chi with Jean-MPR 1:00 Pinochle - CR
31 1:30 – Scrabble - CR 2:00 Fireside Reading Jake and The Kid 7:00 Canasta/Hand & Foot - MPR						