

# September 2018

6C – 5C

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Evening Meal Times:</b> 1<sup>st</sup> Setting: 4:45 pm 2<sup>nd</sup> Setting: 6:00 pm</p>	<p><b>REMEMBER:</b> The Kitchen needs a minimum of 24 hours' notice for guests.</p>					<p>1</p> <ul style="list-style-type: none"> <li>• <b>Chicken Drumsticks / Pork Loin &amp; Gravy</b></li> <li>• Potatoes Romanoff</li> <li>• Mixed Vegetables</li> <li>• Fruit Cocktail / Tapioca Pudding</li> </ul>
<p>2</p> <ul style="list-style-type: none"> <li>• <b>Prime Rib Roast</b></li> <li>• Mashed Potatoes</li> <li>• Parsnips</li> <li>• Diced Hooneydew &amp; cantaloupe / Trifle</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>• <b>Breaded Sole / Turkey &amp; gravy</b></li> <li>• Mashed Potatoes</li> <li>• Creamed Corn</li> <li>• Grapes / Lemon Pudding</li> </ul>	<p>4</p> <p><b>BUFFET NIGHT</b></p>	<p>5</p> <ul style="list-style-type: none"> <li>• <b>Mandarin Chicken Salad / Honey BBQ Meatballs</b></li> <li>• Potatoes au Gratin</li> <li>• Peas &amp; carrots</li> <li>• Orange Slices / Apple Pie</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>• <b>Pork Schnitzel w/ Sauerkraut / Lemon Garlic Chicken Stir Fry</b></li> <li>• Potatoes Lyonnaise</li> <li>• Mashed Turnips</li> <li>• Pear Halves / Angel Food Cake &amp; Mixed Berries</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>• <b>Chicken Stroganoff / Haddock &amp; Herbs</b></li> <li>• White &amp; wild Rice</li> <li>• Squash</li> <li>• Mandarin Oranges / ½ hour pudding</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>• <b>Greek Ribs / Vegetable Cheese Omelette</b></li> <li>• Roasted Baby Potatoes</li> <li>• Glazed Sweet Potato &amp; Carrots</li> <li>• Fruit Salad / Blueberry Tres Leche cake</li> </ul>
<p>9</p> <ul style="list-style-type: none"> <li>• <b>Roast Pork &amp; Gravy</b></li> <li>• Mashed Potatoes</li> <li>• Braised Cabbage, Carrots &amp; Celery</li> <li>• Peaches / Cookies &amp; Ice Cream</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>• <b>Basa Fish / Roast Beef &amp; Gravy</b></li> <li>• Whipped Potatoes</li> <li>• Baby Carrots</li> <li>• Fruit Cocktail / Butter Tart</li> </ul>	<p>11</p> <p><b>BUFFET NIGHT</b></p>	<p>12</p> <ul style="list-style-type: none"> <li>• <b>Chicken Paprikash/ Quiche Lorraine</b></li> <li>• Rice Pilaf</li> <li>• Sunrise Veg. Mix</li> <li>• Apricots / Bread Pudding</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>• <b>Beef Stroganoff / Szechuan Stir Fry</b></li> <li>• Buttered Fettucine Noodles</li> <li>• Italian Canadian Veg Mix</li> <li>• Pineapple Tidbits / Tiramisu Cake</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>• <b>Grilled Chicken Breast / Pork Sausage</b></li> <li>• Macaroni &amp; Cheese</li> <li>• Peas</li> <li>• Berries &amp; Vanilla Sauce / Sweet Potato Pie</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>• <b>Turkey Cutlet &amp; cranberry sauce / Baked Ham</b></li> <li>• Baked Potatoe</li> <li>• Montego Blend Veggies</li> <li>• Orange Slices / Coconut Cream Pudding</li> </ul>

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<p>16</p> <ul style="list-style-type: none"> <li>• <b>Turkey &amp; all the fixings</b></li> <li>• Mashed Potatoes</li> <li>• Rutabaga</li> <li>• Apricots / Tapioca Pudding</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>• <b>Pork Chop / Mild Curry Chicken</b></li> <li>• Santa Fe Rice</li> <li>• Roast Beets &amp; carrots</li> <li>• Peaches / Butterscotch Sundae</li> </ul>	<p>18</p> <p style="text-align: center;"><b>BUFFET NIGHT</b></p>	<p>19</p> <ul style="list-style-type: none"> <li>• <b>Salmon Loaf w/ smashed cauliflower / Chicken Pot Pie</b></li> <li>• PEI Veggie Mix</li> <li>• Fruit Cocktail / Upside Down Cake</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>• <b>Meatloaf / Stuffed Pork Loin &amp; Gravy</b></li> <li>• Oven Roast Potatoe</li> <li>• Corn</li> <li>• Fruit Salad / Pumpkin Dessert</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>• <b>Baked Lemon Dill Pollock / Liver &amp; Onions &amp; Gravy</b></li> <li>• Mashed Potatoes</li> <li>• Italian Veggie Mix</li> <li>• Pears / Ice Cream &amp; Chocolate Sauce</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>• <b>Beef Stew &amp; dumplings / Baked Chicken Thighs &amp; Scalloped sweet potatoes</b></li> <li>• Mixed Veggies</li> <li>• Grapes / Rice pudding</li> </ul>
<p>23</p> <ul style="list-style-type: none"> <li>• <b>Sweet &amp; Sour Ribs</b></li> <li>• Oven Roast Potato</li> <li>• Creamed Peas</li> <li>• Pineapple Tidbits/ Strawberry Shortcake</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>• <b>Salmon &amp; Dill / Creamy Meatballs &amp; Mushrooms</b></li> <li>• Brown Rice</li> <li>• Broccoli</li> <li>• Mandarin Oranges / Chocolate Pudding</li> </ul>	<p>25</p> <p style="text-align: center;"><b>BUFFET NIGHT</b></p>	<p>26</p> <ul style="list-style-type: none"> <li>• <b>Shepherd's Pie with gravy / Vegetable Quiche</b></li> <li>• Beets</li> <li>• Melon Slices / Cheesecake</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>• <b>Pork Ribette, Baked beans &amp; sunrise veg / Romaine Chicken Bowl + marinated veg</b></li> <li>• Grapes / Peach Mousse</li> </ul>	<p>28</p> <ul style="list-style-type: none"> <li>• <b>Veal Cutlet / Roast Pork &amp; Gravy</b></li> <li>• Garlic Mashed Potatoes</li> <li>• Carrots</li> <li>• Apricots / Chocolate Cherry Cake</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>• <b>Chicken Parmesan / Salisbury Steak &amp; sautéed onion</b></li> <li>• Baked Potato</li> <li>• Braised Cabbage &amp; Red Pepper</li> <li>• Peaches / Strawberry Saundae</li> </ul>
<p>30</p> <ul style="list-style-type: none"> <li>• <b>Baked Ham &amp; Pineapple</b></li> <li>• Scalloped Potatoes</li> <li>• Green Beans</li> <li>• Fruit Cocktail / Carrot Cake</li> </ul>						

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